

# Insalata (Salad)

House 5

Chopped iceberg lettuce tossed with spring mix, served with red onion, cucumbers, & freshly sliced Roma tomatoes.

Caprese 11

fresh mozzarella ciliegine & vine-ripened cherry tomatoes layered over fresh greens with a pesto drizzle & balsamic glaze

Grilled Chicken Salad 14

Grilled Chicken breast, sliced thin & served over a generous salad of fresh mixed greens, and fresh garden vegetables.

**Grilled Sicilian Ribeye Salad** 

19

Grilled 8oz Rosenkrans Farms Ribeye, sliced thin & served over a generous salad of fresh mixed greens, and fresh garden vegetables.

Choice of dressings: House Italian, Balsamic Vinaigrette, Ranch, or Gluten-free Lite Raspberry Vinaigrette.

Crumbly Blue is available for an additional 2

### **Appetizers**

Arancini di Riso (Sicilian Rice Balls)

11

Our signature risotto rice balls (3) made with mozzarella and pecorino cheese, served atop our house marinara sauce

Add an Extra Arancini — 3

Greens & Beans 8

Mixed greens, cannellini beans, and Bostrom Farms hot Italian sausage in a savory broth—B.T.'s own Torrey Park recipe!

Calamari Italiano

13

Hand cut calamari, dusted with our seasoned flour and lightly fried and served with our marinara sauce

Shrimp Cocktail

5 Jumbo Shrimp, served chilled with cocktail sauce & sliced lemon

Tour De Sicily 10

A Meatball, Bostrom Hot Sausage Link, & Arancini Ball topped with marinara and grated parm cheese

Pesto Pizza 13

Our signature Italian bread topped with Pesto Sauce, Mozzarella & Grated Parm Cheese—Baked Golden Brown!

Meatball Marinara Pizza 13

House made Meatballs & Marinara sauce, baked on our signature Italian bread w/ Mozzarella Cheese

House Meatballs (2) 4 Bostrom Hot Sausage Links (2) 6

### Submarine "Sanguiches"

Bella's "Sanguiches" are the things of legend. Served toasted on our exclusive rolls, these are not for the faint of heart!

Add French Fries for \$4.00

## Cena (Dinner)

16

All dinners served with house salad & choice of dressing or soup du jour (seasonal) Pasta Bowl 13 Pasta Alfredo / Basil Pesto Cream / Vodka Cream Choice of Pasta, with house marinara, olive oil & garlic, butter Choice of Pasta, tossed in sauce of choice With Meatballs (2) with sautéed broccoli florets add \$4 add \$4 With Bostrom Hot Italian Sausage (2) add \$6 with sliced grilled chicken breast add \$6 with sautéed shrimp (5) add \$8 Sicilian Ribeye Bistecca 12oz 24 16oz 29 Local Rosenkrans Farms Ribeye Steak— Perfectly seasoned & grilled . Served with sautéed vegetable & pasta / sauce of choice. Add Grilled Garlic Herb Shrimp (5) 8 Lasagna Bolognese 20 Lasagna pasta layered with Italian sausage and seasoned ground beef with mozzarella, ricotta, and parmigiana cheese, covered in marinara sauce Sicilian Vegetable Sautee 19 Sautéed spinach, roasted red peppers, artichokes, zucchini, mushrooms and tomatoes in a lemon wine sauce served over pasta **Chicken Parmigiana** 19 Freshly breaded & Italian seasoned chicken breast topped with marinara and melted mozzarella & served with choice of pasta **Eggplant Parmigiana 17** Freshly breaded & seasoned Eggplant filets topped with marinara and melted mozzarella & served with choice of pasta **Veal Parmigiana** 21 Freshly breaded & seasoned tender veal cutlet covered with marinara sauce and topped with mozzarella cheese & choice of pasta Arancini Parmigiana **17** Our house made Arancini served Parmigiana style – covered in marinara sauce and covered in mozzarella cheese & choice of pasta **Chicken Pesto** 19 Chicken breast in a pesto cream sauce with roasted red peppers, artichoke hearts, tossed in choice of pasta **Pasta Faucher** 16 Our homemade style mixed greens, cannellini beans & Bostrom hot Italian sausage, served over pasta of choice **Athenian Haddock** 20 Baked Haddock served with Artichokes & Tomatoes sautéed in a Lemon Wine Sauce - topped with feta cheese and a side of pasta Chicken a la Bellas 18 Sautéed chicken breast with spinach, tomatoes, and garlic in a wine lemon butter sauce, served over pasta of choice **Shrimp Scampi** 20 Sautéed shrimp with spinach, tomatoes, and garlic in a wine lemon butter sauce, served over pasta of choice **Shrimp Pesto** 22 Sautéed shrimp in a pesto cream sauce with roasted red peppers, artichoke hearts, tossed in choice of pasta **Bella's Fish Fry** 16 Sam Adams Beer Battered Haddock fillet, fried to a golden brown & served with side of pasta & sauce or fries La Festa Lasgana Bolognese, Chicken Parmigiana, 2 Sausage Links & 2 Meatballs over a mountain of pasta & sauce—Mangiamo! **17** Cacio E Pepe A modern Roman dish—pasta of choice tossed in a sauce of black pepper and cheese, a pepper lovers dream! **Tuscan Pork Chop** 22 12oz. Bostrom Farms bone in pork chop, grilled & served over a bed of sautéed garlic kale and white beans. Served w/ side of pasta & sauce

> **17** Pasta a la Norma

Egaplant tossed with our house marinara, fresh tomatoes & basil, topped with Ricotta Salata & served over pasta of choice

#### Bambini Menu

Garden Salad Cheese Pizza Pasta & Sauce Chicken Fingers & Fries

\*\* Something else your kid will eat—a bowl of sauce, a loaf of bread, a plate of cucumbers..... You tell us and we will try to accommodate.